

Positively Happy Quotes

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“Happiness is the result of personal effort. You fight for it, strive for it, insist upon it, and sometimes even travel around the world looking for it. You have to participate relentlessly.”

Elizabeth Gilbert

“Remember, happiness doesn't depend on who you are or what you have. Happiness depends solely on what you think.”

Dale Carnegie

“We either make ourselves happy or miserable. The amount of work is the same.”

Carlos Castañeda

“We can easily manage if we will only take, each day, the burden appointed to it. But the load will be too heavy for us if we carry yesterday's burden over again today and then add the burden of the morrow before we are required to bear it.”

John Newton

“The reason people find it so hard to be happy is that they always see the past better than it was, the present worse than it is, and the future less resolved than it will be.”

Marcel Pagnol

“Most people ask for happiness on condition. Happiness can only be felt if you don't set any condition.”

Arthur Rubinstein